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PAGE 20



#2

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Ukraine warns it's on 'brink of disaster'

'An incredible act of aggression.' World leaders rush to find a diplomatic solution to the unfolding crisis

Ukraine put its military on high alert Sunday and appealed for international help to avoid what it feared was the possibility of a wider invasion by Russia.

Outrage over Russia's military moves mounted in world capitals, with U.S. Secretary of State John Kerry calling on Russia's President Vladimir Putin to pull back from "an incredible act of aggression."

A day after Russia captured the Crimean Peninsula without firing a shot, fears grew in the Ukrainian capital and beyond that Russia might seek

to expand its control by seizing other parts of eastern Ukraine. Senior Obama administration officials said the U.S. now believes that Russia has complete operational control of Crimea, a pro-Russian area of the country, and has more than 6,000 troops in the region.

Faced with the Russian threat, Ukraine's new government moved to consolidate its authority, naming new regional governors in the pro-Russia east and dismissing the head of the country's navy after he declared allegiance to the pro-Russian government in Crimea.

Ukrainian Prime Minister Arseniy Yatsenyuk said there was no reason for Russia to invade and warned that "we are on the brink of disaster."

World leaders rushed to try to find a diplomatic solution to the crisis.

NATO held an emergency

meeting in Brussels, Britain's foreign minister flew to Kyiv to support its new government and Kerry was to travel to Ukraine on Tuesday. The U.S., France and Britain debated the possibility of boycotting the next Group of Eight economic summit, to be held in June in Sochi.

In Kyiv, Moscow and other cities, thousands of protesters took to the streets to either decry the Russian occupation or celebrate Crimea's return to its former ruler.

"Support us, America!" a group of protesters chanted outside the U.S. Embassy in Kyiv. One young girl held up a placard reading: "No Russian aggression!"

THE ASSOCIATED PRESS

FOR MORE COVERAGE OF THE TURMOIL IN UKRAINE, SEE PAGES 4-5



OSCAR-WINNING SMILE

Lupita Nyong'o wins the award for best actress in a supporting role for 12 Years a Slave during the Academy Awards at the Dolby Theatre on Sunday in Los Angeles. For more Oscars coverage, see pages 11 & 12, and visit metronews.ca. JOHN SHEARER/INVISION/THE ASSOCIATED PRESS



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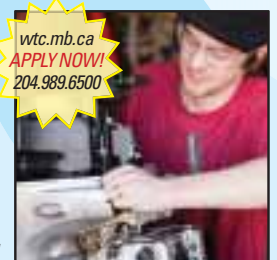
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Wisconsin Public Service

Hydro exports show need for new dams: Selinger

Manitoba Hydro has signed two export agreements with a utility in Wisconsin and Premier Greg Selinger says the deals show new dams are needed.

Wisconsin Public Service has agreed to buy 108 megawatts of power between 2016 and 2021, enough to power about 40,000 homes.

The second deal will see the utility buy 308 megawatts starting in 2027. Selinger said financial details will be filed with the province's Public Utilities Board.

He said the sales show a need to build new generating stations, including the proposed \$10-billion Conawapa dam on the Nelson River.

Manitoba's Opposition Progressive Conservatives have questioned the need for new dams, because hydro exports are competing against very low natural gas prices on the U.S. market.

The Public Utilities Board, the provincial regulator, warned in 2011 that low prices could force Manitoba consumers to subsidize exports and see domestic prices jump by 140 per cent over the next 20 years.

Selinger disagrees.

"Our plan to build for the future now will ensure we can meet strong demand in our traditional and emerging export markets, keeping rates for Manitoba families and businesses among the lowest on the continent," he said in a release.

THE CANADIAN PRESS

Minimal flooding expected in Manitoba, officials say

Flood officials in Manitoba are predicting the province will see minimal flooding this spring — that is, only if Mother Nature co-operates.

Emergency Measures Minister Steve Ashton said Friday it all depends on whether there is significant precipitation between now and the spring thaw.

Ashton added that even though there is a lot of snow on the ground, the soil beneath is not saturated.

But the minister warns there are parts of Manitoba that may experience localized flooding.

This is particularly true in Western Manitoba.

According to Ashton, ice-cutting is already underway. This will reduce the potential of ice jams when temperatures begin to rise.

Ashton said the province would continue to monitor the situation closely.

THE CANADIAN PRESS



Steve Ashton, right, and chief flood forecaster Dr. Fisaha Unduche.
SHANE GIBSON/METRO FILE

Windsor Park

Police probe robbery

Police are investigating an armed robbery at a Windsor Park convenience store early Sunday. Officers were called to the store in the 1000 block of Autumnwood Drive just before 1:30 a.m. after an armed man wearing a disguise made off with an undisclosed amount of cash.

The suspect is five-foot-eight with a skinny build, police said.

Anyone with info can call 204-986-6219. METRO

Manitoba eyes better beluga protection

Traffic jam. Plan comes as shipping in Hudson Bay expected to boom

Manitoba is promising increased protection for one of the largest populations of beluga whales in the world as shipping traffic is poised to increase through their summer home in western Hudson Bay.

NDP Conservation Minister Gord Mackintosh said the beluga population is healthy and the province wants it to stay that way.

"We are looking at a strategy that's preventative in nature, particularly given in the years ahead we can anticipate more shipping traffic in Hudson Bay," Mackintosh said. The southwestern coast

Working group

Minister Mackintosh said the province is forming a working group of environmentalists, hydro and industrial companies, to draft a management plan, which will be put out for public comment.

of Hudson Bay is home to one of the largest concentrations of belugas in the world when sea ice recedes in the summer. About 60,000 belugas migrate to three Manitoba estuaries to feed, give birth and nurse their young.

Many say the belugas need protection against what could become a bigger threat as the Arctic region becomes increasingly industrialized and the shipping season lengthens



Manitoba is promising increased protection for beluga whales as shipping traffic is set to increase. JACQUES BOISSINOT/THE CANADIAN PRESS FILE

due to disappearing sea ice.

Mackintosh said the province is looking at limiting shipping traffic through the estuaries, where it has juris-

diction, and at calling on the federal government to increase protection for the whales in federal waters.

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Four-year-old Campbell Rose Lea-Cuddy smiles at her mom Libby Lea while playing at the Fort Garry Library's new early literacy playground. BERNICE PONTANILLA/METRO

Checking out the reno at Fort Garry Library

Brightness, warmth. Coun. Jenny Gerbasi expects building to become hub



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

A nine-month closure ended in the rebirth of the Fort Garry Library, which was officially reopened on Friday.

The \$900,000 renovations include a new layout of the facility on Pembina Highway,

a study area and an expanded multi-purpose room.

The updated library is also the first in Winnipeg to house an early literacy playground, which was funded in part by the Friends of the Winnipeg Public Library.

It boasts different interactive games meant to encourage literacy in young children and is a welcome addition, said Libby Lea, who brought her four-year-old daughter, Campbell Rose Lea-Cuddy, to the reopening ceremony.

"It's great, it's interactive, not only do they have books but they also have other

sources of play and it's just a great place to take your preschooler," said Lea.

Lea said it was difficult not having the library open during those nine months, since it offered so much programming.

Ward Coun. Jenny Gerbasi, who along with Mayor Sam Katz and Education Minister James Allum spoke at the reopening, said it was "a very good choice" to re-invest in the Fort Garry Library.

"I love the brightness of this room, the warmth.... People in the neighbourhood, this is a hub for us," she added.

Feds, province lock horns over Li decision

A federal-provincial political spat has erupted over new freedoms granted to a Manitoba man found not criminally responsible for beheading a fellow passenger on a Greyhound bus.

Manitoba's senior federal cabinet minister, Shelly Glover, is criticizing a provincial Crown attorney for not opposing Vince Li's new privileges at a hearing last week. The privileges include Li's first unescorted trips from his mental hospital.

"The provincial decision to grant Mr. Li unescorted trips is wrong. We call upon Manitoba Attorney General Andrew Swan to appeal this decision immediately," Glover wrote in a statement Friday.

The province quickly accused Glover of trying to score political points by ignoring that politicians cannot tell Crown attorneys



Vince Li has been granted unescorted trips from his mental hospital. JOHN WOODS/THE CANADIAN PRESS FILE

what to do.

"The attorney general of the province cannot, by law, intervene," acting justice minister Dave Chomiak said.

Li, 46, was found not

criminally responsible for stabbing and beheading Tim McLean while the two were on a bus ride to Winnipeg from Edmonton, in July 2008.

Li's attack was unprovoked — he said he heard voices telling him to kill McLean.

Each year the Criminal Code Review Board has granted Li more freedoms at annual hearings into his case.

The review board is bound by federal law, and Chomiak said it's up to Ottawa to change legislation to ensure public security takes precedence in any board decisions over the planned rehabilitation of an offender.

"The law is dictated by federal legislation. We have asked the government of Canada in writing, twice, to change it," he said.

THE CANADIAN PRESS

SOME NEW COLD WEATHER CONVERSATION STARTERS



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— The last time it was this cold, Fred Penner had yet to release *The Cat Came Back*.

— The last time it was this cold, the Oldsmobile Cutlass was the biggest selling car and cost around \$4,550. It hasn't even been made in 15 years.

— The last time it was this cold, the average house price in Winnipeg was \$48,000.

— The last time it was this cold, minimum wage was

\$3.05 per hour.

— The last time it was this cold, the Atlanta Flames were still in the NHL.

— The last time it was this cold was also the first year you were unable to cross Portage Avenue and Main Street as a pedestrian.

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Baird says no military 'Soviet-style' tactics

Sending a message.

PM Harper says Canada is withdrawing its ambassador from Russia

The Harper government ramped up its denunciations of Russia on Sunday, threatening the potential for more sanctions even as it ruled out western military intervention to force Russian troops out of Ukraine.

Foreign Affairs Minister John Baird used some of the toughest language yet, describing Russia's incursion as "old Soviet-style" aggression and saying President Vladimir Putin's attempts to justify it are "absurd and ridiculous."

But, while he spoke of the possibility of further sanctions, including expelling Russia's ambassador to Canada,



Former Ukrainian Prime Minister Yulia Tymoshenko shakes hands with Canada's Minister of Foreign Affairs John Baird in Kyiv, Ukraine, on Friday, Feb. 28. OLEXANDER PROKOPENKO/THE ASSOCIATED PRESS

he ruled out a military response to the crisis by western nations.

Baird dismissed Russian arguments that it needs to protect its Black Sea naval fleet, which is based in Sevastopol on Ukraine's Crimean Peninsula, and the Russian-speaking population in that region.

On Saturday, Prime Minister Stephen Harper announced that Canada is withdrawing its ambassador from Russia and will boycott preparatory meetings of ministers and officials for the G8 summit, which is supposed to be held in June in Sochi, where the Winter Olympic games just ended.

THE CANADIAN PRESS

Ukraine response

Ottawa reduced to 'gestures'

The Harper government's response to the Russia-Ukraine crisis smacked of empty gestures from a country that

has become increasingly marginalized on the world stage, two retired Canadian ambassadors charged Sunday.

"We are the great practitioners of grand gestures," said one of the country's most distinguished ex-diplomats, Jeremy Kinsman, who has

served as Canada's senior envoy to Russia, Britain, Italy and the European Union.

"Pulling your ambassador out for consultations — I happen to believe always you don't do that. That's strictly a gesture. This is the one time when you want your ambassador there." THE CANADIAN PRESS



Unidentified armed men patrol around a street in Bangkok.

Thai protesters abandon city streets to rally full time in park

Anti-government protesters in Thailand's capital began settling in at a park in the centre of Bangkok on Sunday, withdrawing from other sites after their numbers began to dwindle and attackers endangered their security.

Protest leader Suthep Thaugsuban addressed the demonstrators at Lumpini Park, vowing to continue the campaign to try to force Prime Minister Yingluck Shinawatra to resign and make way for an unelected interim government that they say would institute anti-corruption reforms.

He earlier said the move to the park — already a protest site — from several major Bangkok intersections was to avoid causing further



City workers clean a main protest site as it is cleared from a popular intersection in Bangkok, Thailand on Sunday. WALLY SANTANA/THE ASSOCIATED PRESS

hardships to the city's residents.

Since the protests began in early November, the dem-

onstrators' tactics have included blockading and occupying government offices. In mid-January, they began oc-

cupying key Bangkok streets to tie up traffic. However, life had continued much as normal in most of the capital, despite several pitched battles with police.

"We are trying to minimize the effect (of the protests) on the Bangkok people, who by and large are our supporters, and we want to consolidate all the stages so that we can actually reinvigorate our supporters to create more pressure on the government, which is our main target," protest group spokesman Akanat Promphan said Saturday, as the demonstrators disassembled structures, gathered rubbish and scrubbed down streets to prepare for their move.

THE ASSOCIATED PRESS

response to Russia's in Ukraine situation



Ukraine infantry base in Perevalne, Sunday. Hundreds of armed men in trucks and armoured vehicles surrounded the Ukrainian military base, blocking its soldiers. The outnumbered Ukrainians placed a tank at the base's gate, leaving the two sides in a tense standoff. DARRKO VOJNOVIC/THE ASSOCIATED PRESS

South Africa. 24-hour TV channel showing Oscar Pistorius trial goes on air

A cable TV channel devoted to the Oscar Pistorius murder trial went on air in South Africa on Sunday night showing footage of the blonde model the world-famous athlete shot dead at his home a year ago. The video includes footage of her playing with dolphins.

The 24-hour channel began broadcasting just over 12 hours before Pistorius was expected in court for the start of his trial.

Dedicated completely to the trial, some of its early programming focused on the life of girlfriend Reeva Steenkamp, the model and reality TV star Pistorius killed on Valentine's Day last year when he fired shots through a toilet

TV

The channel, called The Oscar Pistorius Trial — A Carte Blanche channel, is on South Africa's most popular cable TV network.

- Three remote-controlled cameras have been installed in the courtroom.

door at his house.

Pistorius denies murder and says he shot Steenkamp after mistaking her for a dangerous intruder inside a toilet cubicle in his bathroom during the night.

THE ASSOCIATED PRESS

Syria

Journalist released

A Spanish journalist kidnapped by militants from a breakaway al-Qaida group in Syria crossed the border into Turkey on Sunday, his newspaper reported.

The news of his freedom came as his captors, fighters from the Islamic State of Iraq and the Levant group, fled areas near the Turkish border, leaving behind at least two mass graves, with one containing 17 bodies, activists said.

Correspondent Marc Marginedas was abducted on Sept. 4 near the central Syrian city of Hama by Islamic State fighters. He was "moved repeatedly" while in captivity, and his captors accused him of being a spy before his release, his newspaper, El Periódico, said.

THE ASSOCIATED PRESS

Egypt

PM urges end to strikes, protests

Egypt's new prime minister on Sunday urged a halt to protests and strikes to give the nation a breather to rebuild after more than three years of deadly turmoil, a call made by his predecessors to no avail.

Ibrahim Mehlib made his appeal in an address televised live on his first full day on the job after he and members of his Cabinet were sworn in on the previous day by interim president Adly Mansour.

Mehlib was named prime minister last week following the surprise resignation of his predecessor, Hazem el-Beblawi, after seven tumultuous months in office.

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News worth sharing.

B.C. researcher part of African dig that may defy evolution timeline

Ethiopia. Researchers speculate discoveries made at Gademotto Formation could show when humans began using their brains to develop basic skills

In the 4.5-billion history of Earth, 80,000 years is the blink of an eye.

But in terms of human evolution, it has the potential to be a drastic shift. A team of archaeologists and anthropologists believe that length of time may be just how much earlier than previously thought our ancestors began using their brains to develop basic skills.

It has been commonly believed that around 200,000 years ago, human ancestors began to become cognitively "modern."

"That is, when did we begin to think in ways that are common for humans today and distinct from non-modern humans?" said Karl Hutchings, an assistant professor in sociology and anthropology at Thompson Rivers University in Kamloops, B.C., and a member of a team of researchers on a recent dig in Ethiopia.

Some members of the research team speculate dis-

Archaeological analysis

Karl Hutchings said he was invited because he is the only person who does the type of archaeological analysis necessary — using sound waves and measurements to break stones and, from that, determine how they were made and why they were used.

- He studied more than 200 javelin-shaped, mostly obsidian projectiles found at the site along a large collapsed volcano crater in the country's Rift Valley.

coveries at the site, known as the Gademotto Formation, could move the timetable for brain development to about 280,000 years ago.

A research paper published by the team said the discovery is significant "because it provides direct evidence for a highly advantageous, complex technology that pre-dates the emergence of Homo sapiens."

Hutchings, however, is doubtful, because the new data would indicate a different date for the emergence of Homo sapiens — a group that includes humans and their ancestors — and because there have been no sites found with

similar tools that were used in that time period.

The area has several sites where hominids, a subgroup of Homo sapiens, have been found.

Hutchings said his research involved analyzing the fractures in the stone and using the results to determine how the objects were used. Fractures are different based on whether the objects are thrown or used as a hand tool, for example. He hopes to return to Ethiopia to visit the Gademotto Formation again for further investigation.

Whatever the results of the study, Hutchings said the work will have an impact.

He said we can better understand our place in the cosmos and where we are headed if we better understand ourselves.

"Of course, we can't witness or dig up these behaviours, so archaeologists look for indications of these behaviours among things that do preserve; in this case, specific stone tools, since stone preserves so well," he said. "I am seeking to identify that place and time where we began to think in ways that characterize modern humans."

Once the timeline of where and when our ancestors began to evolve is more clear, research can concentrate on why, he said.

THE CANADIAN PRESS



Karl Hutchings, a member of a team of researchers on a recent dig in Ethiopia, holds a spear point in a recent photo. KAMLOOPS THIS WEEK/THE CANADIAN PRESS

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Anne-Marie Roy attends a rally in Ottawa on May 1, 2013. Roy is speaking out about an online conversation among five fellow students in which she was the target of sexually graphic banter. BEW POWLESS/THE CANADIAN PRESS

Ottawa student says she is the victim of campus 'rape culture'

Apology not enough. Woman facing legal threats after speaking out against graphic Facebook conversation, whose participants insist was private

A University of Ottawa student union leader says an online conversation among five students in which she was the target of sexually graphic banter shows that "rape culture" is prevalent on Canadian campuses.

Anne-Marie Roy, 24, is going public despite threats of legal

action by four of the male students.

Roy — who received a copy of the conversation via an anonymous email — said she felt compelled to speak out, especially since the five were in positions of leadership on campus.

"They should be held accountable for those actions," said Roy, who heads the Student Federation of the University of Ottawa.

The conversation — a copy of which was obtained by The Canadian Press — included references to sexual activities some of the five individuals wrote they would like to engage in with Roy, as well as suggestions that she suffered from

sexually transmitted diseases.

Roy said she received an emailed apology from the men, which emphasized that their comments were never actual threats against her, but she felt the apology wasn't enough. She planned to distribute copies of the conversation to the board of administration, which oversees the affairs of the student union, while asking the board to move a motion to "condemn" those involved.

After learning of Roy's plan, four of the five individuals sent her a letter warning her that the conversation was private and that sharing it with others would amount to a violation of their rights. **THE CANADIAN PRESS**

Justice Canada report

Cost of violent crime tops \$12B

Violent crimes in Canada come with a huge financial cost, to victims and to the justice system, says a new Justice Canada report.

Five types of violent crimes that occurred in 2009 had an economic impact of \$12.7 billion, says the accounting of dozens of factors, from medical care and lost wages to court and social welfare costs.

The study is the department's fourth since 2011 to examine the price tags associated with crime in Canada, all of them focused on the burden placed on victims. **THE CANADIAN PRESS**

Criminology. How many Jack the Rippers hide in the London (Ont.) fog?

London, Ont., is the serial killer capital of the world, a Western University expert claims in a shocking upcoming book.

Criminology professor Mike Arntfield says past London murders point towards unknown serial killers. Between 1960 and 1985, London had 32 homicide victims, all of them women and children, in cases that indicate serial killers could be involved.

Of those 32, 13 are attributed to three confirmed multiple murderers: Russell Johnson, the Balcony

Killer; Gerald Archer, who was called the Chambermaid Slayer; and Christian McGee, known as the Mad Slasher.

At a time when London had 200,000 to 250,000 people, having five or six serial killers was a high rate — "extraordinarily high," said Arntfield.

But why London? Arntfield says it's complicated, but factors include population demographics and London's distances from other cities. Being near the highway is a factor, too.

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Chinese officials blame separatists for slashing spree

Uighurs accused.

Twenty-nine people killed, four assailants shot dead by police

Authorities on Sunday blamed a slashing rampage that killed 29 people and wounded 143 at a train station in southern China on separatists from the country's far west.

Police fatally shot four of the assailants — putting the overall death toll at 33 — and captured another after the attack late Saturday in Kunming, the capital of Yunnan province, the official Xinhua News Agency said. But authorities were searching for at least five more of the black-clad attackers.

Witnesses described assail-



Prayers at the massacre's site, a train station in Kunming, China, Sunday.
ALEXANDER F. YUAN/THE ASSOCIATED PRESS

ants dressed in black storming the train station late Saturday evening and slashing people indiscriminately with

large knives and machetes.

State broadcaster CCTV said two of the assailants were women, including one of the slain and the one detained.

China's top police official, Politburo member Meng Jianzhu, arrived in Kunming early Sunday, an indication of how seriously authorities viewed the attack.

Most attacks blamed on Uighur separatists take place in the western province of Xinjiang, but Saturday's assault happened more than 1,500 kilometres to the southeast in Yunnan, which has not had a history of such unrest.

Kunming residents expressed dismay at both the attack and the conditions within China that could have allowed it to happen.

THE ASSOCIATED PRESS



Ultra-Orthodox protest military service

Hundreds of thousands of ultra-Orthodox Jews paralyzed Jerusalem Sunday to rally against plans to force them to serve in the Israeli military, which is mandatory for secular Jews. ODED BALILTY/THE ASSOCIATED PRESS

Canada's Cindy Klassen

Olympian helps open women's gym in Palestine

Canadian speedskater Cindy Klassen, a six-time Olympic medallist, has helped open a \$1.3 million indoor gym for Palestinian women in the

biblical town of Bethlehem.

Women's participation in sports is relatively unusual in Palestinian society.

The 1,300-square-metre sports centre opened Sunday, with funding from Canadian Lutheran World Relief and Calgary's Mt. Calvary Lutheran Church.

THE ASSOCIATED PRESS

N.Y.C. court

Bin Laden's son-in-law on trial

Osama bin Laden's son-in-law goes to trial Monday on charges he conspired to kill Americans in his role as al-Qaida's mouthpiece after the Sept. 11, 2001 terrorist attacks. THE ASSOCIATED PRESS



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Corruption scandal hits Turkey

Cars wait for the green light on a main road covered with fake banknotes after members of the main opposition Republican People's Party threw fake euro bills into the air during an anti-government protest denouncing a corruption scandal that has shaken Prime Minister Recep Tayyip Erdogan's government, in Ankara, Turkey on Saturday. Protesters shouted "there's a thief!" as they distributed an amount of 30 million fake bills, a day after five remaining suspects jailed in a vast corruption investigation that has shaken Erdogan's government (including two former ministers' sons and a businessman suspected of bribery and illicit money transfers to Iran) were released on parole pending trial. **BURHAN OZBILICI/THE ASSOCIATED PRESS**

Four rules to RRSP game



HOW TO ROLL
Alison Griffiths
metronews.ca

It's today! The RRSP contribution deadline for the 2013 tax year ends at midnight. And here you are, among the more than 75 per cent of eligible Canadians who haven't made an RRSP contribution.

Are you going to let another year pass without capitalizing on just about the only tax deduction for working folk? Or are you going to tiptoe over to that line of credit or take advantage of your friendly bank/broker/financial adviser who can get you some cash by day's end?

Before you sign on the dotted line, here are four RRSP loan rules.

1. Have a taxable income

There is no point in borrowing to contribute if it provides no tax advantage to offset the loan costs. Contribute by all means, if it makes sense for retirement planning and to carry the deduction forward to higher earning years. But don't saddle yourself with debt to do so.

2. Pay it back in one year

Don't let the fact that the money is going into your RRSP confuse things. It's a debt and must be paid off. With just hours to go, consider this: If you weren't able to save enough during the year for regular contributions, how are you going to pay off the loan over the next year?

If you can't get rid of the debt within the next 12 months, think hard about

how you will avoid being pulled into a cycle of debt-contribution-debt for future years.

3. Direct the tax refund at the loan

Come tax-refund time there are always demands on those dollars but they should go to pay off the RRSP loan. Without fail, every time I've seen the borrow-to-contribute strategy go off the rails it starts with the failure to use the refund to pay down the loan.

4. Work on a savings plan

Let's face it. Failure to contribute to an RRSP means something is wrong with your financial plan. It's time to butt heads with your budget and figure out why your retirement saving is not on track.



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CEO insists

Apple has 'a ton of stuff going on'

Apple CEO Tim Cook is still trying to convince shareholders that the iPhone maker remains a step ahead in the race to innovate, even though recent performance of Apple's stock lags behind other tech trendsetters.

THE ASSOCIATED PRESS

24 in 2013

Five U.S. bank failures already this year

Regulators have closed small lenders in Virginia and Pennsylvania, bringing U.S. bank failures this year to five after 24 closures in 2013.

THE ASSOCIATED PRESS

\$1.2B package

World Bank lends Tunisia a helping hand

The World Bank announced Friday a \$1.2 billion US package to support Tunisia's economic reforms and stumbling economy.

THE ASSOCIATED PRESS

WHY I'M AN ENEMY OF THE CITY

I'm an enemy of the city.

At least I am according to Coun. Justin Swandel.

My crime? Wanting to see a traffic study. Yes, I'm the world's most boring criminal mastermind/arch-nemesis.

For those who don't follow city hall closely, let me congratulate you on making wise life choices. You're much smarter than me.

However, you might not be aware of the latest chapter in the continuing saga of the fire hall construction program.

To recap, the city built a new fire hall inside a traffic cloverleaf where Route 90 meets Portage Avenue. Some think it's an innovative use of city-owned land, some worry it could be a hazard, and others just want to see the traffic study that was used to justify the location.

The city conducts dozens of traffic studies every year. Normally, accessing that information isn't a problem. The data is included in council committee reports, and the city even has a page



URBAN COMPASS

Colin Fast

winnipeg@metronews.ca

on its website where the public can request a copy of traffic counts.

But the civic administration refuses to release the complete fire hall traffic study. Instead, they've reluctantly put out a heavily censored version, and claimed the bulk of the report is protected by the freedom of information laws.

Keeping a simple traffic study top secret is a bizarre move, and it suggests there could be even more problems with the tainted fire hall program. Where there's smoke, there's fire.

By this point you'd think councillors would want to put the fire hall program behind them and move on to other matters, like getting re-elected in October.

While some have argued for the full release, the majority—including the mayor—seem content to shrug their shoulders and leave it up to the administration.

And then there's Swandel, who went on an epic pro-secrecy rant at last week's council meeting:

"Your responsibility is to protect the City of Winnipeg," he lectured his colleagues. "Do that! Give out the least information you have, force the enemies of the city to ask for more!"

Enemies of the city? Sorry Thor, I didn't realize wanting access to traffic counts was undemocratic.

Swandel couldn't be more wrong. And the problem is that he's not alone. The city's default position for almost any request for sensitive information is to look for an excuse not to release it, or to charge an exorbitant fee for running a photocopier for a few minutes.

If council was really living up to its responsibility to citizens, it would encourage an open data culture where reports, studies and other information requests are automatically released—preferably free of charge—unless there's a truly compelling legal reason not to do so (e.g. human resource files).

We pay city councillors and administrators to make decisions on our behalf, not to keep secrets from us. This isn't Justin Swandel's city or (CAO) Deepak Joshi's city, it's our city, and we deserve to have access to information.

If that belief makes me an "enemy of the city," then lock me up. It would be lot less difficult than listening to council debate absurd issues like this one.

ZOOM

Nothing funny about Polar Plunge



TASOS KATOPODIS/GETTY IMAGES

Tonight Show host takes a jump in lake

Jimmy Fallon participates in the Chicago Polar Plunge 2014 into Lake Michigan on Sunday in Chicago.

The Tonight Show host agreed to make the "plunge" with Mayor Rahm Emanuel as a condition for the mayor appearing on Fallon's show in New York, following an exchange of tweets and

challenges.

The annual event draws several thousand hearty plungers to raise money for Special Olympics Chicago.

Emanuel said last summer that if the city's children read 2 million books as part of a Chicago Public Library program called Rahm's Readers, he'd jump in the lake. When it appeared that they had met the goal, Emanuel had to do it.

THE ASSOCIATED PRESS

Challenge prompted by Chicago mayor

When Emanuel heard that Fallon wanted him to appear on the late-night show that he took over in February from longtime host Jay Leno, the mayor called the comedian and challenged him to join in the plunge.

Fallon joked on his show Wednesday that he agreed to make the plunge before

realizing what the plunge actually entailed.

He called it a "nightmare" but said he was a "man of my words."

He said Emanuel told him he had to "toughen up" before Emanuel would appear on his show.

The comedian's followers egged him to do it with a #JimmyPlungeWithUs campaign on Twitter.

THE ASSOCIATED PRESS

Clickbait



DYLAN ROBERTSON
Metro Online

Scoping out a new hairstyle? Maybe you're travelling soon and don't want to risk any salon miscommunications. Here are some apps that use a face photo to let you try on different hairstyles.

ModiFace Hairstyles:

This app allows women to try out 85 different styles in 20 colours, with photos of popular celebrity looks. (free, iOS)

Hair Salon:

This similar app lets women try out a variety of hairstyles. (free, Android)

Men's Hairstyles:

See your handsome mug in 240 different styles, including facial hair.

Probably the quickest way to try out a Santa beard or a crew cut. (\$0.99, iOS)



CONTRIBUTED

Twitter

@metropicks asked: A fire dept is mad b/c a porn site took over their expired URL. What site would you take over and why?

@icubedca: We would take over <http://www.cra-arc.gc.ca> because we really admire their income.

@speirs: I would take over MetroNews.ca, and then perhaps start a newspaper. (Psst. I lack imagination.)

@late2game: Snagged actionlon-don.ca which was an astroturfing front for the development industry during the 2010 muni election.

Follow @metropicks

Comments

RE: Man Wakes Up In Body Bag At Funeral Home, published Feb. 28

You would think before putting someone in a fricking body bag, you would ensure that they were actually dead. Whoever signed off on this guy's death should be fired and have their licence revoked.

Grrrrrrrr posted to metronews.ca

maybe he dropped in for a cold one CrazySnail posted to metronews.ca

how many times has this happened and NOT been caught?

BUBBLE WHACK posted to metronews.ca

WE WANT TO HEAR FROM YOU:

Send us your comments: winnipegletters@metronews.ca



Actress Lupita Nyong'o accepts the best performance by an actress in a supporting role award for 12 Years a Slave during the Oscars at the Dolby Theatre on Sunday in Hollywood. KEVIN WINTER/GETTY IMAGES

First time's a charm for Nyong'o

And the Oscar goes to ... Many categories were considered a foregone conclusion, so all eyes were left on best picture and supporting actress



NED EHRBAR
Metro World News in Hollywood

It looked to be a down-to-the-wire two-horse race at the Academy Awards, with favourites Gravity and 12 Years a Slave facing off for the big prize Sunday night in Hollywood. Alfonso Cuarón's technological marvel was heavily favoured to win the bulk of the technical awards — like its early wins for best visual effects and best sound mixing and editing — as well as best director for Cuarón, but could it also beat out Steve McQueen's artful examination of America's dark past?

With many of the main categories considered a foregone conclusion after a lengthy awards season that pushed Dallas Buyers Club stars Matthew McConaughey and Jared Leto and Blue Jasmine lead Cate Blanchett to the front of the pack, all eyes were on the few remaining categories left up in the air, including best supporting actress. In that race, Lupita Nyong'o (12 Years a Slave) bested closest rival Jennifer Lawrence (American Hustle), earning an Oscar for her first film role. "It doesn't escape me for one minute that so much joy in my life is because of so much pain in someone else's," Nyong'o said in a tear-filled, emotional acceptance speech. "When I look down at this golden statue, may it remind me and every little child that no matter where you're from your dreams are valid."

As for Leto, the first-time nominee kicked off the night with an expected win for his portrayal of transgender AIDS



Ellen DeGeneres hosts the Oscars at the Dolby Theatre on Sunday in Hollywood. JOHN SHEARER/THE ASSOCIATED PRESS

patient Rayon in Dallas Buyers Club. Leto honoured his mother while accepting his award. "Thank you for teaching me to dream," he told her from the stage. "To all the dreamers out there watching around the world in places like the Ukraine and Venezuela, I want to say that we are here ... We're thinking of

you tonight."

Host Ellen DeGeneres, returning to the job after leading the show in 2007, took the torch from Seth MacFarlane and promised a ceremony with less song-and-dance and less controversy. She kicked off the show in a sparkly blue tuxedo and a joke about the

Online



Visit metronews.ca for more Oscar coverage and a full list of winners.

inclement weather in Los Angeles last week. "We're fine," she assured the audience. She also attempted to reassure the nominees that it wasn't about the competition. "Who are we kidding? It's the Hunger Games," she soon admitted. "You're starving, there are cameras everywhere and Jennifer Lawrence won last year." But after a strong start, the ceremony quickly took on a lagging pace, seeming to drag on with extraneous segments focusing on the show's theme of celebrating heroes. And though DeGeneres had vowed to be more involved in the show beyond the first half hour — unlike previous hosts — that promise didn't appear to bear out.

John MacKay, former editor of Fashion magazine and pop culture reporter, gives us his picks for Oscar's best-dressed list — and who missed the mark



Red-hot on the red carpet

1 Most anticipated dress — that didn't disappoint: Cate Blanchett in Armani — plus loyalty to an old friend.

2 Chicest Couple: Olivia Wilde and Jason Sudeikis, she in black Valentino, he in a midnight blue Prada tuxedo. Good taste, good looks and a pregnancy to boot!

3 A host outshines the stars: Ryan Seacrest, hosting E's red carpet coverage wearing an off-white Burberry dinner jacket (he calls it "custard cream") rather than the usual black.

4 Best red on red: Jennifer Lawrence on the red carpet in red Christian Dior. Keeping with her Oscar tradition, Lawrence tripped, but recovered the only way this woman knows how: with a laugh.

5 The one exception: In a rare misstep, newly blonde Julia Roberts is sadly, surprisingly, dowdy.



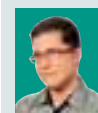
Ebooks



Year In Focus 2013

By. Getty Images

Kindle/iBooks



MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

Proof that a digital book can hold more photos than paper, this retrospective from Getty Images is a wealth of zoomable slide shows and interactive panoramas that place you at sporting events, concerts, and red carpet galas. Video reports revisit the year's scandals and conflicts while archives and obituaries travel through lives of influence. Every page preserves an extraordinary second.

Razzies

Forget the best, who's the worst in Hollywood?

Has Adam Sandler's dubious dominance of the Razzies come to an end? While Sandler has earned plenty of dubious honours from the Golden Raspberry Award Foundation — "celebrating" the worst in cinema each year on the night before the Oscars — he went home empty-handed despite his *Grown Ups 2* being nominated for nine Razzies. Instead, the top honour went to star-studded sketch-comedy omnibus *Movie 43*, which won worst director for its 13 directors and worst screenplay for its 19 credited writers. Sandler himself was unseated by Jaden Smith, dubbed worst actor for his work alongside dad Will Smith — and worst supporting actor winner — in the sci-fi flop *After Earth*. The father-son duo also earned a trophy for worst screen combo. And Johnny Depp's disappointing *The Lone Ranger* was named worst remake, rip-off or sequel, making it the only Oscar-nominated film (for best makeup) to win a Razzie this year.

NED EHRBAR/MWN

Celebrating 30 years of rocking out

This is Spinal Tap.

Michael McKean reflects on the legacy of the cult hit and his latest gig on Broadway performing opposite Bryan Cranston

When mock rock-doc *This Is Spinal Tap* landed in theatres 30 years ago on March 2, the comedy about a band of thick-witted British metal heads didn't appear destined to be a hit, admits co-star Michael McKean, who played rapidly narcissistic singer David St. Hubbins.

"When it opened it wasn't successful, and it wasn't until home video really made it a famous movie, which was a few years later," said McKean, 66, now co-starring on Broadway as FBI chief J. Edgar Hoover opposite *Breaking Bad* star Bryan Cranston's Lyndon Johnson in the political drama *All the Way*.

"It's become one of the



This is Spinal Tap developed a cult following after it was released on home video. CONTRIBUTED

top-ranking, top-selling, top-viewed older comedies," said McKean of *Spinal Tap*, which is a pop culture mainstay with memorable quotes, including guitarist Nigel Tufnel's (Christopher Guest) brag that his amp powers up all the way

"to 11."

"It doesn't seem like that long ago, but then again, it certainly does," McKean said of the three-decade anniversary of the comedy he co-wrote with the film's director, Rob Reiner, and co-stars Harry

Shearer (who plays bassist Derek Smalls) and Guest.

"I'm not necessarily one for commemorating things that are secondary. Making the film is a lot more primary in my mind than when it opened," said McKean.

There's a chance the three main band members of *Spinal Tap* will squeeze into their spandex for a tour in October, said McKean, although the details are still being worked out. "It's a matter of convenience and we all have

these very disparate lives; we have dispersed," said McKean of a possibility of hitting the road again.

"Harry is in New Orleans and London and I'm in New York a lot and Chris lives in L.A. but also Idaho. 'We all have these professions that keep pulling us around.'"

He, Guest and Shearer toured five years ago with a series of low-key concerts (including a Toronto stop) on the *Unwiggled and Unplugged Tour*, appearing as themselves to play *Spinal Tap* hits, as well as songs from Guest's 2003 folk parody, *A Mighty Wind*.

McKean is playing a far more serious role in *All the Way*, a return to Broadway after roles in *The Homecoming* and Gore Vidal's *The Best Man*. "I've played humourless people before but it's usually to a humorous effect," said McKean of taking on the challenge of playing the secretive Hoover, who used his bureau power to threaten, intimidate, eavesdrop and spy.

TORSTAR NEWS SERVICE





Mila Kunis and Ashton Kutcher ALL PHOTOS GETTY IMAGES

Who would have thought? Jackie and Kelso are finally getting hitched

Of all the romantic pairings in '90s Hollywood that might foretell romantic destiny, Jackie and Kelso from *That '70s Show* were never at the top of anyone's list. However, it turns out they've stood the test of time: Mila Kunis and Ashton Kutcher are engaged. Kunis was spotted shopping sporting a large diamond ring on the big deal finger. Sources have since confirmed to E! Online that she and Kutcher are engaged.

Though they've known each other since 1998, when both were cast on *That '70s Show*, Kunis and Kutcher only began dating in 2012. There

are probably any number of reasons for that, not least of which is that when the show began its eight-season run Mila Kunis was only 14 years old, having vaguely misled producers about her age.

However, since he played her love interest, Ashton Kutcher was her first kiss on the show and in real life. And now they're getting married. Somebody make a movie about them. You could probably cover the decade or so in between when she dated Macaulay Culkin and he was married to Demi Moore in a tasteful montage or something, though.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Crowe, Crowe, Crowe your boat gently toward the Pope...

STARGAZING
Malene Arpe
scene@metronews.ca

Russell Crowe has been tweeting the Pope, inviting him to come watch Russell's new movie *Noah*. The Pope finally tweets back, "Already know that story, Gladi8r-boy. But really looking forward to *Guardians of the Galaxy* #rocketraccoon."

An expert says that the recent proliferation of selfies is leading to a worrying increase in head lice. See, that's why I don't ever put my head next to someone else and take a picture, not because I don't have any friends.

Alec Baldwin announces that he's leaving public life for the following reasons: 1) He's too sensitive to deal with the haters. 2) Everyone in the world doesn't think and behave the way he wants them to think and behave. 3) Too many head lice.



Paula Deen declared that she's "back in the saddle." She added, "On a white horse, of course."

VH1 announces production of a new reality series called *Naked Dating*. It's for those who find *The Bachelor* "too damn snooty."

Skeet Ulrich will be playing two roles, a zombie and the zombie's priest brother, on an NBC show called *Babylon Fields*. But only because the sitcom *Slow Dancing*, which was about a werewolf family fighting childhood obesity in space, didn't work out.

David O. Russell says he made Jennifer Lawrence cry by spoiling the ending of *Anna Karenina* for her while she was reading it. Way to go throwing Jennifer under the train for being a crybaby.



Gavin Rossdale and Gwen Stefani

Gwen and Gavin announce their Apollo landing

Gwen Stefani and husband Gavin Rossdale welcomed their third son on Friday. "Welcome Apollo Bowie Flynn Rossdale," the Bush front man and proud father announced via Twitter, ex-

plaining that Bowie and Flynn are he and Stefani's mother's maiden names. Stefani and Rossdale, who have been married for 11 years, are also parents to sons Kingston, 7, and Zuma, 5.

Twitter



@AlbertBrooks
Rumor has it Dennis Rodman is on his way to Ukraine



@Louis_Tomlinson
Dear Mr and Mrs Stone, I'm deeply saddened by your complaint to Chelsea High School regarding our lyrics. I hope the two of you 'get some' very soon



@LoganLerman
Believe it or not but all the rain in LA is just a big Paramount pr stunt

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PRODUCTION DESIGNER PATRICK TATOPOULOS EXECUTIVE PRODUCERS SIMON DUGGAN, A.C.S. PRODUCED BY THOMAS TULL FRANK MILLER STEPHEN JONES JON JASHNI WRITTEN BY "XERXES" FRANK MILLER
SCREENPLAY BY ZACK SNYDER & KURT JOHNSTAD PRODUCED BY GIANNI NUNNARI MARK CANTON ZACK SNYDER DEBORAH SNYDER BERNIE GOLDMANN DIRECTED BY NOAM MURRO

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3
LIFE

Use plastic to build credit history

A credit card can be your friend. Establish credit-worthy record just by paying off card in full every month



GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

People are under the impression that I hate credit cards. Nothing could be further from the truth. I actually use my credit card for most of my purchases. What I hate is the idea of paying interest. I NEVER buy anything for which I do not already have the money set aside, so the balance is paid off in full every month.

Not having a credit card often means not having a credit history: The file that shows how you are at managing credit. This is something we usually associate with older, widowed women who have been cared for by loving, controlling spouses. But not having a credit history isn't the domain on slightly out-of-touch women; there are men out there who haven't got a clue because their wives do everything. And it isn't the exclusive territory of our elders; there are young professionals who haven't bothered to establish their own credit identities.

Everyone needs to have the ability to borrow money. Regardless of how you use credit, to get it you need to have a history to prove you can use



Used wisely, a credit card offers a no-cost way to build your credit file. iStock

Get a charge out of this

With a credit card, you can build a credit record without it costing you a cent.

it responsibly. And the fastest, cheapest and easiest way to establish a credit history is with a credit card.

If you have no credit history at all — or you've destroyed your credit history and need to rebuild from scratch — you'll need to have sufficient assets to secure your first foray into credit. Most people overlook credit cards as an option because they don't realize a credit card can be secured.

With a secured credit card, you put up cash to cover your balance. Lenders often want twice the credit card limit, so

if you want a \$500 credit limit you'll have to ante up \$1,000. Once you've established your ability to manage the card — anywhere from six months to a year — you can ask for the security requirement to be dropped and your deposit returned.

Secured or unsecured, a credit card can be the cheapest way to build your credit file. In the old days, you had to take a loan, which you then repaid to establish yourself. All the while the interest clock was ticking. So you were "buying" your credit history. With a credit

card, you can build a credit record without it costing you a cent. That's because credit cards let you use the issuer's money for a specific period of time interest free. And as long as you repay the outstanding balance in full every month, you can continue to use that credit at no cost. What a deal!

There are three kinds of credit cards: Travel and entertainment cards (like American Express, Diners Club) which don't have preset spending limits but which must be repaid in full each month. Company or retail store cards that are accepted by the issuing company and usually charge the most outrageous rates. And bank issued credit cards that let you "revolve" credit by paying a portion of your balance each month.

Banks do all kinds of things to get you to sign up for their cards. One of the most effective tools they have are teaser rates: Those low interest rates offered as an enticement for you to sign up for the card that last for a specific period of time. And only for as long as you pay on time. Pay attention to the terms and the expiry period, and make your payments well before the due date so you don't get caught when that low introductory rate sky-rockets.

The type of credit consumer you are should dictate the type of card you have. If you find yourself carrying a balance, while you work on getting your balance paid off, search for a card with the lowest rate and transfer your balance to that new card. If you pay off your balance every month, you can go with a card that has higher interest — who cares, you're not paying interest anyway — that also offers features like frequent flier miles, cash back, or special insurance options. Just make sure the pay-off is worth the price of the annual fee if there is one.

Credit cards can be invaluable when it comes to establishing a credit history. Get one, charge everything, pay it off — all off — every month, and in no time flat you'll have a credit history that will earn you preferential rates when next you need to borrow money for something important.

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Tax Analyst at H&R Block

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Only Some Hospital Parking Can Be Claimed, But Everyone Should File A Return

Q

I am working part-time while going to college. I didn't earn very much last year. Do I need to file?

A

Absolutely. I would encourage any college or university student to file. Even if you earned no income, once you turn 19 you may be eligible for the GST/HST benefit. You have to file to receive it but it will be worth it when a little extra money arrives every three months. You must claim your tuition and education credits each year even if you can't use them. You may not benefit from the credits right now, but once you are working and paying tax, the carry forward credits mean a nice tax break. Or you can transfer up to \$5,000 in credits to your parents, grandparents or spouse.

Q

Can you claim hospital parking fees as a medical expense?

A

It depends. If you have to travel 80km or more, you can claim mileage, and parking as well as accommodations and meals for you and an attendant. But if the hospital is closer to home, the parking fees can't be claimed as a medical expense.

Visit hrblock.ca for a location near you

Look me up: I've fine-tuned my digital profile

Put recruiters on the right trail. How to make sure your online footprints lead to the best possible version of you

SIDNEYVEE
MATRIX
TalentEgg.ca

When Google, LinkedIn, Twitter and Facebook make your digital footprints visible to recruiters and selection committees, you can assume your online presence is being searched, crept and crawled on a regular basis.

It sounds creepy, but those digital traces that we leave behind in social status updates, Instagram photo-shares, blog comments, Amazon.com and eBay reviews are easy for someone to recover with a little digital sleuthing.

Altogether this small data accumulates in a rather random online story about you, but is it accurate?

To tell a different story about yourself, one more relevant than what Google's algorithm compiles, you'll need to be proactive.

Consider taking the following steps to add a new and more meaningful, useful and current story about yourself for recruiters, event planners, headhunters, advisory boards, talent scouts, award and search committees to discover:

Write a different story

Launch that blog you've always thought about. Don't know how to write code? Blogger (free and owned by Google), Tumblr and WordPress (both free as well)



Give 'em something worth tracing: Boost your digital presence with a blog, a vanity domain and lots of photos. ISTOCK

make it easy with professionally designed templates, tech support walk-throughs and huge communities of users to turn for advice and inspiration. Use your blog as a platform, mixing professional and personal (but always work-safe) content to tell a story about your life-style, work style and values, including the importance of work-life balance.

Make it personal

Purchase your vanity domain. In fact, purchase all of them. Protect your good name by grabbing your dot-com, then pick up your .ca, .net, even your .guru (yes, this is available soon). Name

often misspelled? Purchase that one too.

Have a super popular name and someone else has already registered it? No problem. Consider branding yourself with a signature (even trademarked) title (e.g., LindaLifeCoaching, DesignByDave, FredFixIt), your city (MikeWardTO), a professional suffix (DrTim, ProfessorGary) or certification (JimChenCFA). Looking for a graduation present for someone in your family? Gift them their domain names. There's one more reason to flex your digital creativity and mark your territory online.

Taking charge and telling your story, documenting

Stay one step ahead of the creep and crawl

As employers follow your digital footprints — and they will — be sure you're one step ahead with an online story you're proud of.

your special projects and passions, illustrating your goals and aspirations — these are all a total confidence boost. Actively maintain your online presence and the bonus is you'll be reminded of just how far you've travelled on your personal career journey.

Fully employed or not, and especially if you work in a field currently experiencing a skilled labour shortage or skills gap, you just

may be the passive "star talent" candidate a recruiter is searching high and low for today, online. As employers follow your digital footprints — and they will — be sure you're one step ahead with an online story you're proud of.

Show, don't tell

Communicate your story visually. The truism that great images speak a thousand

words has never been more relevant than today, with the rise of Instagram, Pinterest and Vine.

The social web loves photos. Take advantage of that by visually documenting your personal style, your city, professional accomplishments, volunteering and community engagement. Spread a little joy with awesome images and in the process you'll engage and inspire others with a story of how you see the world.

THIS ARTICLE IS EXCERPTED FROM SIDNEYVEE MATRIX'S PROFESSIONAL DEVELOPMENT COURSE IN PERSONAL BRANDING WITH SOCIAL MEDIA, OFFERED ONLINE AT QUEEN'S UNIVERSITY.



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Raise a glass to the ladies of libation

It's about wine. Female vineyard workers show cutting edge skills as they make debut in Napa pruning contest

Every year for the last 12 years the vineyard workers of the Napa Valley have gathered in the soft light of a mid-winter morning, shears at the ready, game faces on, each eager to prove he's the best man on the job.

But this year, there was something a little different about the Napa Valley Grapegrowers' pruning competition. Some of the contestants lining up to hack and slash at the overgrown vines were women.

"There's been this perennial conversation about, 'Do we include women in the competition?' And the answer's always been, 'Not yet,'" explained Jennifer Putnam, executive director of the group. "This year we looked around the room and just thought, 'Yes, it's time.'"

And it was.

Not only did the newcomers to the event compete hard, posting excellent scores in technique and quality, organizers announced some hours after the event that the women's first-place winner, Celia Perez of V. Sattui Winery, had the highest scores for both men and women.

Talk about a dazzling debut.

The decision to open up the contest to women marks a change in what used to be the nearly exclusively man's world of vineyard work. There are a



Maria Romero competes in the first-ever women's division of the annual Napa Valley Grapegrowers' pruning competition at Beringer Vineyards' Gamble Ranch in Yountville, Calif. ERIC RISBERG / THE ASSOCIATED PRESS

lot more women to be seen working in the fields, something that accelerated after the 2008 recession swallowed up other jobs.

Meanwhile, the idea of vineyard equality has become accepted as women have progressed, some becoming leaders of "A" crews, the much-sought after top harvest teams.

"The cultural shift has now taken place where we felt like the women would be comfortable enough coming to the competition," said Putnam.

Pruning is an important part of vine husbandry that focuses the new growth on

vines and helps determine what the next harvest will look like.

Different techniques are used for different grapes and climates, and skill is as important as speed.

For the growers' contest, workers are first judged on technique, then winners are ranked by time and the finalists battle it out for first through fourth place.

On the line are cash, tools, clothing — and pride.

If there was any grumbling about the addition of a women's division, it wasn't showing as the contest kicked off Feb. 20 at Beringer Vineyard's Gamble

Falling in vine

"This year we looked around the room and just thought, 'Yes, it's time.'"

Jennifer Putnam
Executive director of Napa Valley Grapegrowers

Ranch.

Steel rasped on steel as competitors sharpened their shears and the murmur of voices dropped as they attacked the rows of spindly vines.

There was the snick of sharp, quick cuts made close to wires supporting the vines followed by the rustle and clang of the dry

wood being dragged out.

Among the 56 workers in the men's division was Jesus Juarez, who works at Moulds Family Vineyard, and who placed first in the 2008 pruning contest. (He did well this year, too, finishing in fourth place.) He and his brother Roberto, also a vineyard worker, weren't fazed by seeing

the 13 women show up to compete in the women's division.

"It's good for the women because they get that opportunity," said Roberto Juarez, who like all the contestants interviewed for this story spoke through an interpreter.

Also competing was Maria Fuentes, a vineyard veteran who has worked for Beckstoffer Vineyards since 1977.

"I'm very happy to be here," said Fuentes, smiling as she declared, "It's about time."

Fuentes thought men might have the edge on strength while women might be a little quicker at skills like suckering, which is when unwanted new shoots are taken off the vine later in the growing season. "I'm not saying that just because I'm a woman," she added, laughing.

The results bore Fuentes' observations out. Overall, women scored a little higher on technique/quality; men had the edge on speed, Putnam said.

"The really exciting thing we discovered when we got back to the office was that the first-place female winner would have beaten everyone in the competition — and not by just a little!" Putnam added in an email after the event.

At the time the prizes were awarded, Perez was asked the question of the day: Can women work as well as men in the vineyard?

"Yes," she said, nodding vigorously. She looked down at the prizes she was carrying and smiled. "And here's the proof!"

THE ASSOCIATED PRESS

Are you a person with a disability who is thinking about working, but you are not sure where to start?

- Do you want to explore the possibility of working? • Do you need help to find work?
- Need help connecting with employers that are looking to hire?
- Are you wanting to enhance your skills?

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HOPE IN ACTION

'Round the world wisdom

Reframe failure and learn from your competitors

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.



LESSONS FROM THE DESERT
Stéfan Danis
life@metronews.ca

When taking on a new project we define our own benchmark of success. After unexpectedly winning the 2010 Atacama Crossing in the team category, I returned to the Sahara Race to try to repeat. Our success would be defined by one



The wisdom gained from a dash of defeat can be as golden as the medal itself. iStock

word: winning. As things would unfold, however, we placed second and I would need to reframe the experience to another positive outcome.

On Day 1 we trailed the Spaniards, Day 2 we led, and by Day 4 we lagged behind the Italians by 35 minutes.

On Day 5, the race consisted of a double marathon (90 kilometres), a distance long enough to make up the time. Our plan was to attack at the 55-kilometre mark.

At that point, we repeatedly attacked and ran inches from each other without speaking for what seemed

like an eternity, ultimately concluding the Italians weren't going to break. We conceded the overall race and agreed to finish the double marathon together, and the race shifted from adversarial to full-on collaboration, helping each other reach the finish line.

No longer competing for the win, we openly shared all our race tactics as well as our training secrets. I had been training with a mask-based hypoxicator system where the barometric pressure is kept the same but the oxygen content is reduced, replicating 4,000 metres

Dream team

"We conceded the overall race and agreed to finish the double marathon together, and the race shifted from adversarial to full-on collaboration, helping each other reach the finish line."

of altitude along with its known medical benefits. Meanwhile, the Italians detailed how they trained on the beach running with their eyes closed, to be at one with the sand.

Fast forward to last week: I signed up to run another desert.

Sure enough I found myself running on the beachfront with my eyes closed.

It reconnected me to the fact that the most painful moment of my Sahara experience was also a learning moment that wasn't lost on me.

STÉFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER

SALES MANAGER

Metro Winnipeg is looking for a passionate and committed Sales Manager to manage the everyday functions of the Winnipeg sales department. The successful candidate will be responsible for the development and growth of evolving sales strategies and advertising solutions in order to effectively compete in the marketplace, achievement of sales targets, page yields and the development of new revenue streams.

PRIMARY RESPONSIBILITIES:

- Provide leadership to Sales Team to maximize both performance and professional growth
- Achieve and surpass revenue targets and other performance metrics across all print, online and mobile platforms
- Develop new revenue projects to assist in overachieving revenue goals
- Build strong customer relationships
- Increase the number of innovative and first-to-market programs
- Work in accordance with other retail sales managers across Metro English Canada and SMG to leverage appropriate cross selling opportunities.
- Lead major department projects with budget accountability

REQUIREMENTS OF THE POSITION:

- Post secondary degree in Sales and/or Marketing preferred
- Newspaper experience would be an asset
- Sales management training preferred
- Minimum of 3-5 years experience in a sales management role in the Winnipeg market
- Experience selling to retailer and/or small-medium business directly
- Excellent oral and written presentation, communication and negotiation skills
- Superior ability to manage a sales team utilizing a Customer Relationship Management System (CRM)
- Ability to problem solve and make decisions in a dynamic, ever-changing environment
- A passion for creativity; an entrepreneurial spirit
- Proficient in Microsoft Office applications

Interested individuals who possess the skills described above are requested to submit their resumé and cover letter via email to hr@metronews.ca no later than March 22nd.

PLEASE QUOTE: "Sales Manager - Winnipeg" in the Subject Line. All submissions will be treated as confidential.



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Turkey in the slaw: Lean burgers zing with hoisin and a fresh crunch

FLASH FOOD



From your fridge
to your table in
30 minutes or less



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Turkey burgers are a healthier choice than beef and taste delicious. Feel free to use ground chicken as well.

Consider that 4 ounces of ground beef contains 250 calories, 17 gm of fat and 7 gm of saturated fat. Ground turkey contains only 128 calories, 7 gm of fat and 2 gm of saturated fat for 4 oz.

That's a significant difference to your diet.

You also have a choice of white or dark ground turkey. The dark turkey has slightly more calories and fat but is still lower than beef. Often a combination of both white and dark turkey make a delicious and moist burger.

Turkey is an excellent source of lean protein and contains the amino acid tryptophan, a building block of the brain compound serotonin, which induces better sleep and calmness, something we all need!



The recipe for Asian Turkey Burgers with Slaw Topping recipe makes 4 servings. ROSE REISMAN

The Asian flavors go well with turkey. You can find these ethnic ingredients in the Asian section of supermarkets.

The slaw is prepackaged and found in the lettuce section of your grocery store. Feel free to make your own slaw, by grating

some white, red or green cabbage, carrots and broccoli.

No need for a bun, but feel free to serve over a

whole grain roll with sliced tomato and an extra dollop of hoisin sauce.

You can make these burgers ahead of time, un-

Ingredients

Burgers

- ¼ cup finely diced onion
- 1 lb ground turkey
- ¼ cup panko Japanese crumbs or unseasoned bread crumbs
- 3 tbsp hoisin sauce
- 1 ½ tsp minced ginger
- 1 tsp minced garlic
- 2 tsp soy sauce
- 1 tsp hot sauce (sriracha)
- 1 tsp sesame oil
- 3 tbsp chopped cilantro

Slaw topping

- 2 ½ cup packed coleslaw
- 1 tbsp hoisin sauce
- 1 tsp minced ginger
- 1 tsp sesame oil
- ½ tsp hot sauce
- 2 tbsp chopped cilantro
- 1 tsp sesame seeds

cooked and freeze for later use.

Directions

1. Burgers: Mix all ingredients until combined and make four patties.

2. Grill patties in a skillet sprayed with vegetable oil for 5 minutes per side or until temperature reaches 165 F.

3. While cooking burgers, combine slaw topping. Serve over burgers. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN**



Thai Sweet Potato Soup recipe makes 12 (four ounce) servings. ROSE REISMAN

Soup shooters pack silky sweet potato with Thai punch, hit of pistachio pesto

Shot glass soups are very popular for a starter before dinner or for an appetizer at a party.

Sweet potatoes and light coconut milk make a creamy and rich tasting Thai-flavored soup without the calories and fat.

You can substitute butternut squash for the sweet potato.

Directions

1. Lightly coat a large nonstick pot with cooking spray. Add the oil and set over medium heat.

Ingredients

Thai Sweet Potato Soup

- 2 tsp vegetable oil
- 1 cup diced onion
- 2 tsp finely chopped garlic
- 1 tsp finely chopped ginger
- 2 tbsp finely minced lemon grass or 1 tsp grated lemon zest
- 6 cups diced peeled sweet potatoes
- 3 cups low-sodium chicken stock
- 1 ½ tsp hot chili sauce (sriracha)

- Pinch of salt
- 1 cup light coconut milk
- 1 tsp honey

Garnish

- ¼ cup chopped fresh cilantro or basil
- 3 tbsp finely chopped pistachio nuts

For serving

12 (4 oz) shot glasses

Sauté the onion, garlic and ginger in the pot for 5 minutes or

until the onions are just softened.

2. Add the lemon grass, sweet potatoes, stock, chili sauce and salt. Bring to a boil, then reduce the heat to low. Cover and simmer for about 15 minutes or until the potatoes are tender.

3. Purée the soup in a blender or food processor in batches. Return the soup to the saucepan and add the coconut milk and honey. Heat through. Serve the soup in shot glasses and garnish with cilantro and nuts.

Cooking time: 20 minutes
THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

NHL

Water just fine for Sharks in Jersey

Matt Nieto scored the go-ahead goal at 6:20 of the third period and Alex Stalock made 21 saves and the San Jose Sharks defeated the New Jersey Devils 4-2 on Sunday.

Logan Couture and Raffi Torres also scored and U.S. Olympian Joe Pavelski had the primary assists on the tying and winning goals as the Sharks won for the fifth time in six games.

Patrick Marleau iced the game with a break-away goal with 2:25 to play, his 25th of the season.

Adam Henrique and Patrik Elias scored for the Devils, who had a two-game, post-Olympic break winning streak snapped. Cory Schneider had 18 saves for New Jersey.

THE ASSOCIATED PRESS

NHL

Rask up to task to beat Rangers

Tuukka Rask made 19 saves in a one-sided first period, and defenceman Dougie Hamilton had a goal and two assists to lift the Boston Bruins to a 6-3 victory over the Rangers on Sunday night and their first season-sweep of New York in 31 years.

Rask was at his best early and finished with 39 saves. He out-duelled New York netminder Henrik Lundqvist, who stopped 27 shots on his 32nd birthday but lost for the second straight day. The Bruins are 9-2-3 in their last 14 games.

THE ASSOCIATED PRESS



Manitoba skip Jeff Stoughton releases a rock against the Northwest Territories/Yukon at the Brier in Kamloops, B.C., on Sunday. ANDREW VAUGHAN/THE CANADIAN PRESS

Stoughton winning ugly on way to top

Curling. Winnipeg rink off to the Brier's best start despite racking up minimal style points

Two-time world champion Jeff Stoughton needed an extra end to grind out a 7-6 win over the Northwest-Yukon Territories Sunday afternoon at the Canadian men's curling championship.

It might not have been pretty but, with a loss for John Morris and his B.C. squad,

Stoughton and Manitoba claimed sole possession of first place as the only unbeaten squad at the Canadian men's curling championship with three straight wins.

"A little surprise we're the only ones," Stoughton said, starting to add they were lucky to win before checking himself.

"We hung in there and battled and made a couple of shots finally in 9, 10 and 11 and got the W," he said instead. "We know we can play a heck of a lot better than that.... We were just missing too many draws heavy today and finally got it

Monday night curling

Manitoba will take the sixth draw off on Monday afternoon, but Jeff Stoughton and Co. will take on Alberta's Kevin Koe in the seventh draw at night.

together late in the game.... If we're a little off, as we've been, we're squeaking by."

Stoughton was set to play winless New Brunswick Sunday night.

Morris and his B.C. rink fell

7-4 to Quebec's Jean-Michel Ménéard after Ménéard jumped into an early lead with a four in the first end, thanks to a packed four-foot that Morris couldn't clear.

"Four was like a blessing from heaven," said the Quebec skip, adding that they thought they might end up with two or maybe three.

"If we can play like we played the first three games, we've got a sniff at making the playoffs," added the 2006 Brier champion, who also won silver at the world championship the same year. THE CANADIAN PRESS

Now you Ceci me! Sens win under dome



Ottawa Senators defenceman Cody Ceci scored the game-winning goal against the Canucks in the Heritage Classic on Sunday at BC Place Stadium in Vancouver. JONATHAN HAYWARD/THE CANADIAN PRESS

Senators rookie Cody Ceci is trying to help his team by helping his own cause.

Ceci's second-period goal stood up as the winner as the Ottawa Senators downed the Vancouver Canucks 4-2 before a disappointed crowd of more than 50,000 people Sunday in the NHL Heritage Classic.

"It means a lot," said Ceci, a 20-year-old Ottawa native. "These are points that we need right now going down the stretch, and it means a lot to me. I'm just trying to earn my spot here."

Heritage Classic

4

Senators

2

Canucks

The Senators (27-23-11) kept pace in the race for the eighth playoff berth in the Eastern Conference. The Canucks (28-25-10) suffered their ninth loss in 10 games and remained on

the bubble in their quest for eighth in the West.

Ceci put the Sens ahead 3-2 midway through the second. The defenceman moved up, took a pass from Jason Spezza, and fired home a shot from right wing.

He helped the Sens make a classic comeback as they produced four unanswered goals after trailing 2-0 in the first five minutes. The score was tied 2-2 after the first period before Ceci decided the outcome in the second.

THE CANADIAN PRESS

Sabres in shambles after Miller traded

NHL. Pat LaFontaine pushes eject button as Buffalo's woes worsen

Sabres forward Drew Stafford has witnessed plenty of turmoil during his eight seasons in Buffalo.

Following Stafford's rookie season in 2007, the Sabres lost co-captains Chris Drury and Danny Briere to free agency. Last year, long-time coach Lindy Ruff was fired.

What occurred during a 24-hour stretch this weekend has become the topper, leaving Stafford shaking his head in disbelief after returning to practice Sunday.

"I thought I had seen it all," Stafford said. "But, I guess, there's always room for more surprises. And this one's definitely a shocker."

On Friday, Stafford had difficulty keeping his emotions in check after star goalie Ryan Miller was traded to St. Louis. A day later, he was blindsided upon learning of Pat LaFontaine's abrupt resignation as president of hockey operations.

As if the Sabres (18-34-8)

needed any more distractions during a season in which upheaval and dysfunction have been common threads for the NHL's last-place team.

At 2-13-1, Buffalo got off to its worst start in team history. Leading scorer Thomas Vanek was traded to the Islanders in October. The Sabres opened 0-8-1 at home, before enjoying their first win on Nov. 12. Three days later, general manager Darcy Regier and coach Ron Rolston were fired.

Miller getting dealt along with captain Steve Ott, were widely anticipated moves because both were in the final years of their contracts. LaFontaine's departure was a surprise, coming a little more than three months after his arrival.

His departure marks the latest setback for a franchise that has had difficulty establishing a winning course in the three years since Pegula bought the team and vowed to build an immediate contender.

The Sabres are in jeopardy of missing the playoffs for a third straight season, and in the midst of a rebuilding plan that began with the purge of numerous high-priced veterans last year. **THE ASSOCIATED PRESS**



Former Sabres goalie Ryan Miller collects his thoughts as he reflects on his years with Buffalo's NHL hockey club. GARY WIEPERT/THE ASSOCIATED PRESS

Fading to Black in Buffalo

Sabres president Ted Black said he was disappointed by LaFontaine's surprise resignation but failed to provide many details on why he left.

- **Big Apple bound.** Black maintains LaFontaine quit his post because he wanted to resume his

previous role working with the NHL.

- **Front-office feud.** The Sabres president denied speculation that tensions between LaFontaine, front office staff and owner Terry Pegula were the real reason for his departure.

Harvick charges to NASCAR win



Kevin Harvick celebrates Sunday's Sprint Cup victory in Phoenix. JERRY MARKLAND/GETTY IMAGES

Kevin Harvick had a nice send-off with Richard Childress Racing, winning his penultimate race with the team at Phoenix International Raceway.

Back at Phoenix four months later, he stamped his arrival at Stewart-Haas Racing by winning the second race with his new team — doing it on the same weekend he celebrated his 13th wedding anniversary, no less.

Yeah, Harvick kind of likes it in the desert.

Disappointed at the Daytona 500 after a last-lap crash,

Harvick bounced back quickly by charging to the front and dominating the rest of the way Sunday to win consecutive races at PIR with different teams.

Harvick won the fall race after Carl Edwards ran out of fuel at the white flag.

He needed no help Sunday.

Harvick had the fastest car in practice and kept it rolling in the race, charging to the front after starting 13th and pretty much staying there.

He led 224 of 312 laps on the odd-shaped mile oval

and pulled away on several late restarts for his fifth NASCAR Sprint Cup victory at PIR, passing Jimmie Johnson for the most at the track. Daytona 500 winner Dale Earnhardt Jr. finished second, pole sitter Brad Keselowski was third and Penske Racing teammate Joey Logano fourth.

Jeff Gordon rounded out the top five on a warm and partly cloudy day after downpours wiped out the final 32 laps of Saturday's Nationwide race, won by Kyle Busch.

THE ASSOCIATED PRESS

MLB. Bronx Bombers live up to moniker against division rival Blue Jays

Carlos Beltran homered for his first hit this spring, leading the New York Yankees past the Toronto Blue Jays 8-2 on Sunday.

Jose Bautista hit his second homer in exhibition play for the Blue Jays.

Beltran's solo home run came in the third off reliever Todd Redmond and landed far over the right-field fence. It capped a four-run inning that included a two-run homer by Eduardo Nunez.

Beltran signed a three-year, \$45-million contract with the Yankees in the off-season. He batted .296 with 24 homers and 84 RBIs with the St. Louis Cardinals last year.

"You want to see guys swinging the bat well, obviously, but it's really important at the end," Yankees manager Joe Girardi said.

"It doesn't really matter



Jose Bautista hits a solo home run for the Blue Jays against the Yankees on Sunday in Dunedin, Fla. FRANK GUNN/THE CANADIAN PRESS

sometimes. You can be swinging the bat horrible at the end of spring training and get off to a hot start and vice versa. But it's always nice to see."

THE ASSOCIATED PRESS

PGA. Henley emerges from four-man playoff to claim Honda Classic title

Russell Henley made good on his second chance at the 18th hole Sunday and won the Honda Classic in a four-man playoff.

The closing hour was a series of blunders at PGA National, particularly by Rory McIlroy, who lost a two-shot lead by closing with a 74.

Henley was in position to win in regulation until he chunked a wedge and had to scramble for par on the par-5 18th. In the playoff, he was the only player to reach the green in two and two-putted for birdie and the win.

Tiger bows out

13

Tiger Woods withdrew after 13 holes Sunday, citing a lower-back injury. Woods was 5-over par for the final round — 12 shots behind leader Rory McIlroy at the time.

Russell Knox, Ryan Palmer and McIlroy all made par in the playoff.

Henley, who closed with a 72, won for the second time and qualified for the Masters.

THE ASSOCIATED PRESS

NBA

DeRozan outduels Warriors' Curry

DeMar DeRozan scored 32 points to lead the Toronto Raptors past the Golden State Warriors 104-98 on Sunday afternoon.

Kyle Lowry added 13 points and eight assists for Toronto (33-26).

DeRozan won the efficiency battle against Golden State's Stephen Curry. While Curry finished with 34 points on 13-for-27 shooting, DeRozan shot 10-for-16 from the floor and 11-for-12 from the line.

THE CANADIAN PRESS

NFL

Bills' contract talks with Byrd stuck in standstill

Contract talks between the Bills and safety Jairus Byrd were at a standstill on Sunday, a day before Buffalo faces a deadline to apply the franchise tag on the three-time Pro Bowl selection.

One familiar with the situation told The Associated Press the Bills made a multi-year offer to Byrd that would have paid him about \$30 million over the contract's first three seasons.

THE ASSOCIATED PRESS



See today's answers at metronews.ca/answers.

Horoscopes

Aries

March 21 - April 20

The Sun links with power planet Pluto today, so it's unlikely you will be in the mood to stay home and bake cookies. There is a world out there and you have the talent to be Number One.

Taurus

April 21 - May 21

If you take a risk over the next 24 hours it will more than likely pay off. No matter how powerful your rivals may be you have what they do not – staying power and no fear.

Gemini

May 22 - June 21

No matter what you turn your hand to over the next few days it will work out better than you expected. You are going to accomplish something special indeed.

Cancer

June 22 - July 23

Never doubt that you have what it takes to succeed. Never doubt that you belong at the top with the best. Today's Sun-Pluto link will inspire you to believe all things are possible.

Leo

July 24 - Aug. 23

The week ahead will be busy in the extreme but you're ready for the challenges that will come your way – in fact you're eager for them. Don't wait for others to take the lead, take it yourself.

Virgo

Aug. 24 - Sept. 23

You may have to get tough with someone who has let you down but make sure you don't let your anger take over because if you go too far you will lose your credibility.

Libra

Sept. 24 - Oct. 23

You won't stop impressing people with your ideas, both at home and at work others will look up to you as the one person they can trust to see things as they really are.

Scorpio

Oct. 24 - Nov. 22

How much confidence do you have in your abilities? Hopefully it's a lot because with the Sun linked to your ruler Pluto there are going to be some big changes coming.

Sagittarius

Nov. 23 - Dec. 21

Some things are more difficult than others but this will be one of those days when everything comes easy to you. With the Sun linked to Pluto, planet of power, there is nothing you cannot do.

Capricorn

Dec. 22 - Jan. 20

Don't let your suspicious nature get the better of you today because there is little you have to worry about. Pluto in your sign means others should be more afraid of you than you of them.

Aquarius

Jan. 21 - Feb. 19

Remember today that even an Aquarius has limits. It may feel as if you can take on the world and win but there may be a downside if you come on strong when you don't have to.

Pisces

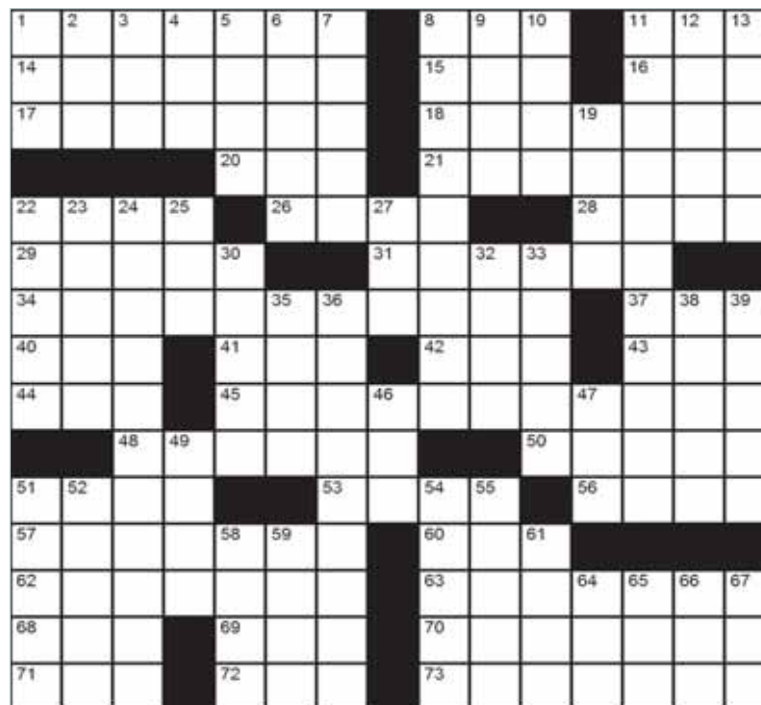
Feb. 20 - March 20

The world will see your passionate side today and even your friends will be amazed at your determination. Those who thought you were all talk are about to be proved wrong. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Pharaoh's pride
- Nancy Grace's station
- Canada's dance music channel
- Escape legend
- Storm's centre
- Can. neighbour
- Spring Training locale for the Toronto Blue Jays
- Gobbled down the food
- 'Senor' suffix
- ___-___ protester (Fashion show attendee, at times)
- Sovereign's staff
- Ex-love of Britney's ex-love Kevin
- Built
- Jim Croce's "___ Name"
- Hertz pickup
- Canadian correspondent on "The Daily Show with Jon Stewart": 2 wds.
- Against [abbr.]
- Sun lotion number
- Never: German
- 'Carot' completer
- Scot's 'own'
- Royal officer, for short
- Great alum of "American Idol": 2 wds.
- Yellow-green hue
- Deliver the summons
- Mr. Garfunkel,



- cute-style
- Look for
- Australian greeting!
- Make mention of: 2 wds.
- Jewellery sparkler
- Canadian artist Mr. MacDonald (b.1901 - d.1989)
- Indigo CEO,

- Heather ___
- Tic-Tac-Toe win
- Fitting
- Closed-off area
- Brit. word/reference work
- ___-di-dah
- Riot spray: 2 wds.

Down

- High degree

- "___, too!?"
- Bleed
- 'Block' suffix
- Skirt length
- Monogram components, for short
- Showbiz personality Ms. Shore
- 1962 Crystals hit: 3 wds.
- Ms. Redgrave

- Organized
- Old West sight: 2 wds.
- Pretension person
- Mother, in Madrid
- Terza ___ (Italian verse form)
- Grammy-winning artist, ___ Elliott
- Awestruck

BY KELLY ANN BUCHANAN

- Mashed potatoes, as an example: 2 wds.
- Greek letter
- The Altar constellation
- Ms. Paquin's
- "99 Luftballons" by ___
- Overbrims
- Clothes-washing brand
- What many Canadians do at Spring Break: 2 wds.
- PEI's motto, ___ sub Ingenti
- Rocker Mr. Wentz, fun-style
- Li'l Abner character, Daisy ___
- Say "Pretty, please!"
- Glaring glancer
- Spelled-out "Star Wars" (1977) character, ___-Detoo
- Use a garden shed tool once more
- Type of heron
- Carolyn ___ (Name behind 'Nancy Drew' stories)
- Tangible
- Bark-made cloth
- Isinglass
- 35mm camera variety, briefly
- Maclean's, e.g.
- Marilu's role on '90s comedy "Evening Shade"
- Belonging to maha's li'l state

Friday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY

TUESDAY

WEDNESDAY



MAX: -18°
MIN: -27°



MAX: -18°
MIN: -27°



MAX: -17°
MIN: -27°



JENNA KHAN WEATHER SPECIALIST

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